

PREP: 20mins
COOK:
SERVES: 18

Easy Strawberry Ripe Bliss Balls

Refined sugar free, dairy free and bursting with coconut and ripe strawberries these really are just that - bliss! They're also easy to make gluten free too.

Ingredients

2 cups (180g) desiccated coconut

1/2 cup (45g) rolled oats

1 punnet (250g) strawberries

1/4 cup (60ml/80g) Queen Pure Maple Syrup

2 teaspoons Queen Organic Vanilla Bean Paste

Method

STEP 1

Add coconut and oats to food processor, and blitz until the oats are fine.

STEP 2

Hull strawberries, and add them to the processor with the maple syrup and Vanilla Bean Paste. Process until the mixture is well combined and comes together.

STEP 3

If mixture is sticky, refrigerate for 1-2 hours or until cool enough to easily roll into balls. Roll spoonfuls of mixture into balls, and place in small patty papers. Roll balls in extra coconut if you don't have mini patty papers on hand.

STEP 4

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