QUEEN
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PREP: 5
COOK: 25
SERVES: 6

Tray Roasted Summer Fruit

Got some overripe fruit on your hands or just looking for a sweet treat without added sugar? This is the recipe for you!

Ingredients

4 peaches
4 nectarines
5 apricots
1 cinnamon stick
1 Queen Vanilla Bean
1 tsp honey

Method

STEP 1

Preheat oven to 180°C. Slice fruit into large pieces and place into a baking dish.

STEP 2

Place Vanilla Bean on a chopping board and slice down the center with a sharp knife. Scrape out the seeds and sprinkle evenly over fruit.

STEP 3

Slice the cinnamon stick in half and add to the baking tray along with the honey and the Vanilla Bean Pod.

STEP 4

Bake for 25-30 minutes, or until the fruit is soft. Serve with a dollop of cream or ice cream for dessert, or have for breakfast with muesli, natural yogurt and honey.

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